OREGON PSYCHIATRIC PHYSICIANS ASSOCIATION

a district branch of the AMERICAN PSYCHIATRIC ASSOCIATION

OPPA Fall Program and Business Meeting

September 19, 2026 ● 8:00am to 4:30pm

8:00am	Welcome - *OPPA Council President Yetty Akins, MD*
8:10am	"Physician Wellness"—Markita - *Markita Wills, MD MBA*
9:10am	10-minute Break
9:20am	"Back to School: What Psychiatrists Need to Know About Threat Management and K-12 School Violence"—Jack *Rozel, MD*
10:20am	10-minute Break
10:30am	"Mild Neurocognitive Disorder: Evaluation and Decision-Making At The Gateway to Dementia" - *James Ellison, MD*
11:30am	Lunch Break and OPPA Business Meeting
1:00pm	10-minute Break
1:10pm	"Update on Metabolic Impact of Psychiatric Medications" - *Pritham Raj, MD*
2:10pm	10-minute Break
2:20pm	"Collaborative Care: National and State Update" - *Theresa Miskimen Rivera, MD, DLFAPA, and David Nagarkatti-Gude, MD*
	Q+A Panel with Dr. Rivera and Dr. Nagarkatti-Gude
4:30pm	End of Session