OREGON PSYCHIATRIC PHYSICIANS ASSOCIATION
a district branch of the AMERICAN PSYCHIATRIC ASSOCIATION

OPPA 2026 Fall Virtual Business Meeting and CME Program
Saturday, September 19, 2026

Speaker Information: *Pritham Raj, MD*

Sessions: Medical Updates for the Psychiatrist - Health Maintenance and Cardiometeic considerations

Pritham Raj, MD, originally from Maryland, did his undergraduate work at The Johns Hopkins University before completing medical school at the University of Maryland School of Medicine. He then trained in Internal Medicine-Psychiatry at Duke University Medical Center, where he remained on the faculty for several years. He has been an associate professor of internal medicine and psychiatry at Oregon Health & Science University (OHSU),since 2006. He also serves as chief medical officer at Active Path Mental Health, the largest provider of transcranial magnetic stimulation in Oregon.

To date, Dr. Raj has done clinical research in obesity, depression in the critically ill, mild cognitive impairment/dementia and transcranial magnetic stimulation (TMS) and has spoken nationally and internationally on his work. In his spare time, Raj enjoys spending time with his family. He is a classical trumpet player who enjoys writing, traveling, and racquet sports. During the fall, you can often expect to find him visiting his hometown of Washington, D.C., rooting for his beloved Commanders.

Learning Objectives:

- Identify important medical updates for practicing psychiatrists
- Provide a more updated approach to Cardiovascular risks
- Identify AC/AHA guideline changes among several medical updates