OREGON PSYCHIATRIC PHYSICIANS ASSOCIATION
a district branch of the AMERICAN PSYCHIATRIC ASSOCIATION

OPPA 2026 Fall Virtual Business Meeting and CME Program
Saturday, September 19, 2026

Speaker Information: *David Nagarkatti-Gude, MD & Theresa Miskimen Rivera, MD, DLFAPA*

Sessions: Oregon Collaborative Care Model & National View of Collaborative Care Model

Oregon Collaborative Care Model:

David Nagarkatti-Gude is an Associate Professor in the OHSU Department of Psychiatry. He works clinically at the intersection of primary care and behavioral health including outpatient consultation practice, Collaborative Care Model work, e-consults, and phone consults.

He also serves on OHSU's Informatics team, tasked with making the electronic medical record more useful and/or less annoying. He has been doing CoCM work clinically for the past 3 years, and since 2025 has been helping to build CoCM as a standard model of behavioral health care in OHSU's primary care clinics.

National View of Collaborative Care Model?

Dr. Miskimen is the Immediate Past President of the American Psychiatric Association (APA), a Distinguished Life Fellow of the APA, a member of the American College of Psychiatrists, and a
Clinical Professor of Psychiatry at Rutgers Robert Wood Johnson Medical School. A proud graduate of the University of Puerto Rico, she earned her Bachelor of Science in Biology from the University of Puerto Rico and her medical degree from the University of Puerto Rico School of Medicine in San Juan.

During her tenure as APA President, Dr. Miskimen championed a forward-looking vision for
psychiatry centered on strengthening and empowering the psychiatric workforce. Her presidential priorities included securing a strategic plan process resulting in the current Psychiatry2030 path forward for the organization, expanding access to high-quality psychiatric care, advancing physician-led integrated and collaborative care, reducing administrative burden, supporting innovation and the responsible use of technology, and ensuring that psychiatrists remain at the forefront of a rapidly changing healthcare environment. She also promoted stronger partnerships across medical specialties, greater engagement of psychiatrists in advocacy, and sustained investment in the next generation of psychiatric leaders.

A prominent advocate for patients, physicians, and the profession, Dr. Miskimen has brought the voice of psychiatry to policymakers, national medical organizations, healthcare leaders, and community partners. Her advocacy has consistently emphasized early intervention, equitable access to care, workforce development, telepsychiatry, the integration of mental health into medical and community settings, and reducing the regulatory and administrative barriers that interfere with patient care. Throughout her presidency, she encouraged psychiatrists to

recognize the collective influence of their voices and to translate their clinical expertise into meaningful action on behalf of their patients and communities.

Dr. Miskimen most recently served as Chair and Medical Quality and Clinical Effectiveness Officer for Behavioral Health in the Department of Psychiatry at Hunterdon Medical Center in Flemington, New Jersey. Her public-sector clinical practice has centered on improving access to and delivery of psychiatric care for bilingual and bicultural communities, developing and implementing intercultural clinical programs, and providing psychiatric consultation within a collaborative care practice in New Jersey.

Her clinical work has informed a substantial body of scholarly and educational contributions, including articles and lectures on diagnostic challenges and symptom phenomenology among racially and ethnically diverse populations, ethical considerations in psychopharmacological research involving ethnic populations, and the influence of culture on the expression and interpretation of psychiatric symptoms. For more than 30 years, she has brought her clinical expertise and commitment to service to psychiatric care, patient advocacy, community outreach, academic medicine, mentorship, and organizational leadership.
Dr. Miskimen has participated in numerous community-facing initiatives and served in appointed positions under three Governors of the State of New Jersey. In these roles, she has addressed mental health concerns at the intersection of technology and psychiatric care, mental health in university settings, and youth suicide prevention.

She has also served as an APA delegate to the American Medical Association Section Council on Psychiatry. In addition, she is a member of the Steering Committee for the American Academy of Pediatrics' Wellness through Equity and Leadership program, where she contributes to developing leadership experiences for women physicians and advances principles for creating equitable and supportive work environments.

Across these roles, Dr. Miskimen has remained guided by a consistent purpose: to strengthen psychiatry, support the people who deliver and receive mental healthcare, and ensure that the profession continues to lead with clinical excellence, compassion, and a clear commitment to the communities it serves.